



The Wrist and Hand Center  
John M. Rayhack, MD

## PATIENT REGISTRATION FORM

FOR US TO BEST SERVE YOU, PLEASE COMPLETE AS FULLY AS YOU ARE ABLE AND PRINT CLEARLY

### PATIENT INFORMATION

NAME: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_

SOCIAL SECURITY #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PRIMARY INSURANCE: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SUBSCRIBER: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_

INSURANCE ID #: \_\_\_\_\_ GROUP # \_\_\_\_\_

CELL PHONE #: \_\_\_\_\_

SECONDARY INSURANCE: \_\_\_\_\_

WORK PHONE #: \_\_\_\_\_

INSURANCE ID #: \_\_\_\_\_ GROUP # \_\_\_\_\_

SPOUSE OR PARENT: \_\_\_\_\_

OTHER INSURANCE: \_\_\_\_\_

(circle which)

### PRIMARY CARE PROVIDER:

☐ I don't have one

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

### REFERRING HEALTH CARE PROFESSIONAL (MD, PA, PT, Chiropractor, Friend, etc.):

☐ No one referred me

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

### PREFERRED PHARMACY:

☐ I don't have a preference

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

IF YOU WANT A FAMILY MEMBER TO HAVE ACCESS TO SPEAK TO OUR STAFF ABOUT YOUR HEALTH CARE, PLEASE INDICATE THAT PERSON'S NAME AND RELATIONSHIP HERE:

NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_



The Wrist and Hand Center  
John M. Rayhack, MD

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## NEW PROBLEM QUESTIONNAIRE

PLEASE ANSWER ALL QUESTIONS AS BEST YOU CAN

Handedness:

☐ Right

☐ Left

Are you claiming Workers' Compensation for this problem?

☐ Yes

☐ No

\* In your own words, please describe your problem or concern: \_\_\_\_\_ \*

Involved Side:

☐ Right

☐ Left

☐ Both

☐

Pain  
Wound

☐ Stiffness  
☐ Deformity

☐ Swelling  
☐ Skin Lesion

☐ Mass  
☐ Weakness

☐ Numbness / Tingling  
☐ Other \_\_\_\_\_

Severity:

☐ Mild

☐ Moderate

☐ Severe

☐ Variable \_\_\_\_\_

Involved Area:

☐ Neck  
☐ Hand

☐ Shoulder  
☐ Thumb

☐ Arm  
☐ Index Finger

☐ Elbow  
☐ Long Finger

☐ Forearm  
☐ Ring Finger  
☐ Wrist  
☐ Small Finger

The onset was:

☐ Sudden, beginning on \_\_\_\_/\_\_\_\_/\_\_\_\_

☐ Gradual, first starting \_\_\_\_\_

☐ weeks ago

☐ months ago

☐ years ago

How did it happen or start? \_\_\_\_\_

It feels:

☐ Sharp  
☐ Dull

☐ Throbbing  
☐ Aching

☐ Tingling  
☐ Burning

☐ Cramping  
☐ \_\_\_\_\_

☐ Deep  
☐ Superficial

Symptoms Occur:

☐ with activity  
☐ with computer use

☐ after activity  
☐ at work

☐ in the morning  
☐ when driving

☐ in the evening  
☐ on the phone

☐ at night

☐ constantly  
☐ intermittently

Associated Symptoms:

☐ Pain  
☐ Wound

☐ Stiffness  
☐ Deformity

☐ Swelling  
☐ Skin Lesion

☐ Mass  
☐ Weakness

☐ Numbness / Tingling  
☐ Other \_\_\_\_\_

What makes it worse? \_\_\_\_\_

Does anything make it better? \_\_\_\_\_

Have you had previous surgery for this problem?

☐ No

☐ Yes--details: \_\_\_\_\_

Treatment, other than surgery, you have had for this problem:

☐ None

☐ Rest

☐ Ice / Heat

☐ Therapy

☐ Splint / Cast

☐ Medications: \_\_\_\_\_

Previous studies you have had for this problem:

☐ None

☐ X-rays

☐ MRI

☐ Nerve Studies

☐ Other: \_\_\_\_\_

Are you presently working?

☒ Yes

☐ No

I am accompanied to today's visit by:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_



The Wrist and Hand Center  
John M. Rayhack, MD

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## PAST MEDICAL HISTORY

- |                                      |  |  |   |   |
|--------------------------------------|--|--|---|---|
| <input type="checkbox"/> AIDS/HIV    | <input type="checkbox"/> Cancer-Breast   | <input type="checkbox"/> Depression    | <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Sleep apnea        |
| <input type="checkbox"/> Alcoholism  | <input type="checkbox"/> Cancer-Colon    | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Kidney Disease       | <input type="checkbox"/> Pacemaker          |
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer-Lung     | <input type="checkbox"/> Drug Abuse    | <input type="checkbox"/> Osteoarthritis       | <input type="checkbox"/> Sickle Cell Anemia |
| <input type="checkbox"/> Anemia      | <input type="checkbox"/> Cancer-Prostate | <input type="checkbox"/> Gout          | <input type="checkbox"/> Reflux / Ulcers      | <input type="checkbox"/> Stroke or TIA      |
| <input type="checkbox"/> Asthma      | <input type="checkbox"/> Chest Pain      | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Rheumatoid Arthritis |   |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> COPD            | <input type="checkbox"/> Hypertension  | <input type="checkbox"/> Seizures             |   |

☐ OTHER: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

**FEMALE PATIENTS ONLY:** Is it possible you may be pregnant? \_\_\_\_\_

### SURGICAL HISTORY (list all operations you have ever had in your life):

- ☐ Tonsillectomy, when? \_\_\_\_\_
- ☐ Appendectomy, when? \_\_\_\_\_
- ☐ Gall Bladder Removed, when? \_\_\_\_\_
- ☐ Hysterectomy, when? \_\_\_\_\_

☐ Other: \_\_\_\_\_

### CURRENT MEDICATIONS ☐ None

_____	_____	_____
_____	_____	_____
_____	_____	_____

### DRUG ALLERGIES ☐ None Known ☐ Latex Allergy

_____	_____	_____
_____	_____	_____

## FAMILY MEDICAL HISTORY

(Mother, Father, Siblings, Grandparents)

### Disease

- ☐ Alzheimer's
- ☐ Anemia
- ☐ Arthritis
- ☐ Asthma
- ☐ Cancer
- Which kind? \_\_\_\_\_
- ☐ Depression
- ☐ Diabetes
- ☐ Other: \_\_\_\_\_

### Relationship to patient

_____
_____
_____
_____
_____
_____
_____
_____

### Disease

- ☐ Gout
- ☐ Heart Disease
- ☐ Hypertension
- ☐ Kidney Disease
- ☐ Osteoporosis
- ☐ Stroke
- ☐ Heart Attack
- ☐ Other: \_\_\_\_\_

### Relationship to patient

_____
_____
_____
_____
_____
_____
_____
_____





The Wrist and Hand Center  
John M. Rayhack, MD

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## SOCIAL HISTORY

Current Job (Adult) or Current Grade In School: \_\_\_\_\_

Employer (Adult) or School Name: \_\_\_\_\_

**Marital Status:**      ☐ Single      ☐ Married      ☐ Divorced      ☐ Separated      ☐ Widowed

**Children:**      ☐ None      Number of living sons: \_\_\_\_\_      Number of living daughters: \_\_\_\_\_

**Tobacco:**      ☐ Yes      ☐ No      ☐ Quit      **Alcohol:**      ☐ Yes      ☐ No      ☐ Quit

Type: \_\_\_\_\_ Amount \_\_\_\_\_  
(Cigarettes, Cigars, Pipe, Smokeless) Frequency \_\_\_\_\_  
Packs/day \_\_\_\_\_ Year quit \_\_\_\_\_  
Years smoked \_\_\_\_\_  
Year quit \_\_\_\_\_

**Other Non-Prescription Drugs:**      ☐ Yes      ☐ No      ☐ Quit      **Diet Drugs:**

Type \_\_\_\_\_ Type \_\_\_\_\_  
Years used \_\_\_\_\_  
Year quit \_\_\_\_\_

**Activity Level:**  
How many times a week, on average, do you exercise? \_\_\_\_\_ What kind? \_\_\_\_\_

## REVIEW OF SYSTEMS

**Are you presently experiencing any of these symptoms—OTHER THAN THOSE SYMPTOMS RELATED TO TODAY'S VISIT**

### ***Constitutional***

- |                                      |                                       |
|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Weight gain | <input type="checkbox"/> Insomnia     |
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Fatigue      |
| <input type="checkbox"/> Fever       | <input type="checkbox"/> Chills       |
| <input type="checkbox"/> Weakness    | <input type="checkbox"/> Night sweats |
| <input type="checkbox"/> Malaise     |                                       |

### ***Respiratory***

- |  |                                      |
|--|--------------------------------------|
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Wheezing    |
| <input type="checkbox"/> Cough               | <input type="checkbox"/> TB Exposure |
| <input type="checkbox"/> Pain with breathing |                                      |

### ***Gastrointestinal***

- |  |   |
|--|---|
| <input type="checkbox"/> Loss of appetite                        | <input type="checkbox"/> Abdominal pain |
| <input type="checkbox"/> Nausea                                  | <input type="checkbox"/> Heartburn      |
| <input type="checkbox"/> Vomiting <input type="checkbox"/> Blood | <input type="checkbox"/> Jaundice       |
| <input type="checkbox"/> Diarrhea                                | <input type="checkbox"/> Constipation   |
| <input type="checkbox"/> Dark stool                              | <input type="checkbox"/> Bloody stool   |

### ***Dermatological***

- ☐ Rashes

### ***Metabolic***

- |  |  |
|--|--|
| <input type="checkbox"/> Cold intolerant | <input type="checkbox"/> Heat Intolerant |
|--|--|

### ***Immunological***

- |   |  |
|---|--|
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Bee sting allergy |
| <input type="checkbox"/> Contact dermatitis | <input type="checkbox"/> Food allergies    |
| Type?                                       | Type of food?                              |

### ***HEENT***

- |   |   |
|---|---|
| <input type="checkbox"/> Headaches      | <input type="checkbox"/> Vertigo/World spinning |
| <input type="checkbox"/> Double vision  | <input type="checkbox"/> Difficulty swallowing  |
| <input type="checkbox"/> Blurred vision |   |
| <input type="checkbox"/> Hearing Loss   | <input type="checkbox"/> Ringing in ears        |

### ***Cardiovascular***

- ☐ Chest pain  
☐ Feel heart beating fast or hard  
☐ Fainting spells

### ***Genitourinary***

- |  |  |
|--|--|
| <input type="checkbox"/> Increased frequency | <input type="checkbox"/> Blood in urine                |
| <input type="checkbox"/> Urinary urgency     | <input type="checkbox"/> Frequent night-time urination |
| <input type="checkbox"/> Incontinence        |  |

### ***Neurological***

- |  |   |
|--|---|
| <input type="checkbox"/> Seizures              | <input type="checkbox"/> Loss of coordination |
| <input type="checkbox"/> Tremors               | <input type="checkbox"/> Difficulty walking   |
| <input type="checkbox"/> Numbness/Tingling     | <input type="checkbox"/> Memory loss          |
| <input type="checkbox"/> Dizziness/Lightheaded | <input type="checkbox"/> Depression           |

### ***Hematologic***

- |  |  |
|--|--|
| <input type="checkbox"/> Easy bruising | <input type="checkbox"/> Easy bleeding |
|--|--|

- ☐ Could be pregnant

### ***Other***



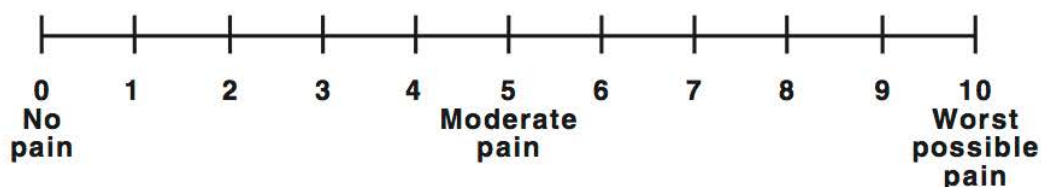
The Wrist and Hand Center  
John M. Rayhack, MD

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Please rate the amount of pain you have in your hand/arm in a typical day:

### 0-10 Numeric Pain Intensity Scale<sup>1</sup>



Please answer ALL questions, as best as you can:

### QuickDASH

Please rate your ability to do the following activities in the last week by circling the number below the appropriate response.

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. Open a tight or new jar.	1	2	3	4	5
2. Do heavy household chores (e.g., wash walls, floors).	1	2	3	4	5
3. Carry a shopping bag or briefcase.	1	2	3	4	5
4. Wash your back.	1	2	3	4	5
5. Use a knife to cut food.	1	2	3	4	5
6. Recreational activities in which you take some force or impact through your arm, shoulder or hand (e.g., golf, hammering, tennis, etc.).	1	2	3	4	5

	NOT AT ALL	SLIGHTLY	MODERATELY	QUITE A BIT	EXTREMELY
7. During the past week, <i>to what extent</i> has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbours or groups?	1	2	3	4	5

	NOT LIMITED AT ALL	SLIGHTLY LIMITED	MODERATELY LIMITED	VERY LIMITED	UNABLE
8. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem?	1	2	3	4	5

Please rate the severity of the following symptoms in the last week. (circle number)

	NONE	MILD	MODERATE	SEVERE	EXTREME
9. Arm, shoulder or hand pain.	1	2	3	4	5
10. Tingling (pins and needles) in your arm, shoulder or hand.	1	2	3	4	5

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	SO MUCH DIFFICULTY THAT I CAN'T SLEEP
11. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand? (circle number)	1	2	3	4	5





The Wrist and Hand Center  
John M. Rayhack, MD

**Consent for Care and Treatment  
Benefit Assignment/Release of Information  
Financial Responsibility Statement**

I \_\_\_\_\_ (Print Name) hereby authorize benefits to be assigned to the Wrist and Hand Center, PA, for healthcare services provided to me. I certify that the insurance information I have provided to Wrist and Hand Center, PA is true and accurate as of the date of service and that I am responsible for keeping it updated. I am fully aware that having health insurance does not absolve me of my responsibility and agree to ensure that my medical bill is paid in full. To this end, I authorize Wrist and Hand Center, PA to submit claims on my behalf to the insurance company listed on the copy of the current insurance card I have provided in good faith and to act on my behalf for the limited purpose of receiving all payments due under my policy/medical care plan for the medical services and care rendered. I further authorize the release of any information pertinent to my care to any insurance company, adjuster, or attorney involved and to request on my behalf, as needed, all levels of appeal and/or any administrative review due me by any applicable Social Security Act, the U.S. Department of Labor, Department of Community Health, or Department of Insurance pursuant to State and/or Federal ERISA Claim Regulatory Guidelines.

I understand under ERISA that I have the right and authority to direct where payment for services rendered is sent and hereby instruct and direct my Insurance Company to pay Wrist and Hand Center, PA directly. I agree and understand that any funds that I may receive by my Insurance Company which are due for services rendered by Wrist and Hand Center, PA will be immediately signed over and sent directly to Wrist and Hand Center, PA. I fully understand that I am responsible for full payment of the medical debt if my insurance company has refused to pay 100% of my benefits based on billed charges, within ninety (90) days of any and all appeals or requests for information. All outstanding patient balances will be subject to a late charge of \$25.00 after 60 days. Additional late fees of \$20.00 will accrue for each subsequent thirty (30) day period of nonpayment. Should the account be referred to an attorney or outside agency for collection, the undersigned shall pay reasonable collection expenses.

In an attempt to document physical findings, Dr. Rayhack will occasionally record these findings either on digital video or photographs. I consent to my anonymous (no name identification will ever be used) medical evaluation being documented by Dr. Rayhack.

Wrist and Hand Center PA is required by law to maintain my privacy and to provide a notice of Wrist and Hand Center, PA's legal duties and privacy practices with respect to protected health information. A copy of the Notice of Privacy Rights is available for review upon request or can be downloaded from the following web sites: [www.rayhack.com](http://www.rayhack.com) and [www.orthodoc.aaos/rayhack](http://www.orthodoc.aaos/rayhack). My signature below is an acknowledgement that I have been afforded the opportunity to have a copy of this notice for review.

I authorize Wrist and Hand Center, PA and its associates to provide medical care reasonable by today's standards.

A photocopy of this Assignment shall be considered as effective and valid as the original.

\_\_\_\_\_  
Signature of Patient/Guarantor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

## HITECH – HIPAA OMNIBUS RULE COMPLIANCE – UP-DATE 2013

By signing below, I acknowledge that I have been provided an opportunity to review a copy of the Wrist and Hand Center's Notice of Privacy Rights. The Notice stipulates how my health information may be used and/or disclosed as well as how to obtain access to, and control, my personal health information (PHI).

I can be contacted in the following manner (please check all that applies):

\_\_\_\_ My phone number: \_\_\_\_\_

\_\_\_\_ It is okay to leave a detailed message    \_\_\_\_ Leave only a call-back number

\_\_\_\_ My work phone number: \_\_\_\_\_

\_\_\_\_ It is okay to leave a detailed message    \_\_\_\_ Leave only a call-back number

\_\_\_\_ Written communications should be sent to:

\_\_\_\_\_  
\_\_\_\_\_

I give permission to speak with the following individuals concerning my PHI:

\_\_\_\_ Family members

Specifically whom: \_\_\_\_\_

\_\_\_\_ Others

Specifically whom: \_\_\_\_\_

Please specify anyone to whom you do NOT wish us to disclose information to:

\_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_



The Wrist and Hand Center

**JOHN M. RAYHACK, M.D.**  
*Wrist and Hand Specialist*  
*Mayo Clinic Trained*

*Diplomate of the American Board  
of Orthopaedic Surgeons*

*Member of the American Society  
for Surgery of the hand*

*Fellow of the American Academy  
of Orthopaedic Surgeons*

## **CANCELLATION/MISSED APPOINTMENT POLICY**

### **OFFICE & OT APPOINTMENTS:**

Due to the increased number of missed and/or cancelled office appointments, the office has found it necessary to charge a \$25.00 fee if 24 hours notice is not given.

### **IN-OFFICE PROCEDURES:**

Due to the increased number of missed and/or cancelled procedure appointments, the office has found it necessary to charge a \$50.00 fee if 48 hours is not given.

### **SURGERY**

Due to the tremendous scheduling effort required, a \$200 administrative fee will be assessed for all surgeries not cancelled for good cause at least 8 business days prior to surgery.

### **ACKNOWLEDGMENT**

I acknowledge that I have read and understand the cancellation and missed appointment procedure policy.

---

Patient's Signature

---

Date